Meet the new Dean

Alumni of Distinction

Mental health & nature

5 MINUTES CAN MAKE A DIFFERENCE
This new academic year has started with positive energy, higher student enrollment, two additional new Assistant Professors to our faculty, a new Dean and a new Alumni and Development Officer. As we enter the fall term, the changing colours of leaves, the milder temperature while maintaining beautiful sunny days here in Regina, all of these further solidify my optimism for this year. I also look back to the academic year that just passed with much gratitude. Throughout this summer, we have prepared a three minute video production that introduces our Jesuit College and its ideals to our new students, in addition to a new website of the college; the completion of the process of Campion College’s Strategic Plan last June, focusing what is conducive to pursue the Jesuit ideal of the Magis.

I am equally in gratitude for all those who work at Campion, staff and faculty, and the generosity of our donors to further assist our students in their financial needs. In this fall edition of the Brag, you will notice the academic contribution towards Indigenous understanding, our connection to the health of the environment, our research on sciences, the profiles of our Alumni of Distinction, and our annual Nash Lecture speaker in the winter of 2020; all point to how engaged our Campion community is with the signs of our time. I wish all of you a fruitful academic year with God’s continued blessings to our college and its associated communities.

Fr. Sami Helewa, SJ
President
<table>
<thead>
<tr>
<th>Page</th>
<th>Section</th>
</tr>
</thead>
<tbody>
<tr>
<td>4</td>
<td>Musica Sacra: Music for Advent</td>
</tr>
<tr>
<td>5</td>
<td>Meet the Dean: Dr. Tom Phenix</td>
</tr>
<tr>
<td>6</td>
<td>All-natural mood boost</td>
</tr>
<tr>
<td>8</td>
<td>Inaugural Jesuit lecture: Dr. Charles C. Camosy</td>
</tr>
<tr>
<td>10</td>
<td>Nash lecture save-the-date: Dr. Gina Messina</td>
</tr>
<tr>
<td>11</td>
<td>Travel study course: Scotland</td>
</tr>
<tr>
<td>12</td>
<td>Meet our 2019 Alumni of Distinction honourees</td>
</tr>
<tr>
<td>16</td>
<td>Jesuit Journey: Fr. Helewa’s return to Lebanon</td>
</tr>
<tr>
<td>18</td>
<td>Annual Appeal: Campion Refugee Bursary</td>
</tr>
<tr>
<td>20</td>
<td>In pictures: Spring ‘19 Convocation</td>
</tr>
<tr>
<td>22</td>
<td>Indigenization: We are all Treaty people</td>
</tr>
<tr>
<td>26</td>
<td>Fellows of the Royal Society of Arts</td>
</tr>
<tr>
<td>28</td>
<td>Brag-a-bits: What alumni are up to</td>
</tr>
<tr>
<td>29</td>
<td>Dr. Carrie Bourassa: 2019 TedX Speaker</td>
</tr>
<tr>
<td>30</td>
<td>Academic notes</td>
</tr>
<tr>
<td>31</td>
<td>In Memoriam: Dr. Joseph Gavin, SJ</td>
</tr>
<tr>
<td>32</td>
<td>Hello: meet the new faces at the College</td>
</tr>
<tr>
<td>34</td>
<td>New food outlet: Robin’s Donuts &amp; Mia Fresco</td>
</tr>
<tr>
<td>35</td>
<td>Student works: Julia McIntyre</td>
</tr>
</tbody>
</table>
Campion College Schola will present *Go ye out to meet Him: Music for Advent*, as part of the Musica Sacra concert series. The concert features works by composers such as Praetorius, Victoria, Dunstable, Bach, and many others. Admission is by donation.

Established in 1979 by second president, Fr. Joseph Gavin, SJ, the biannual Musica Sacra concerts (Advent and Good Friday) are meant to express a rich sacred treasury of music and poetry, featuring and supporting talented members of our community. It also reflects the Jesuit tradition of championing fine arts throughout history.

Founded and directed by Valerie Hall from 2012 to 2016, Campion College Schola included students, faculty, and Jesuits coming together to sing in an effort to delve into the history of the development of choral music in the Catholic Church.

In 2018, Dorianna Holowachuk revived Schola as Artistic Director. The small ensemble has a passion for early choral music from the Medieval to the early Classical periods, with a focus on predominantly sacred music.
Meet the Dean
Things to know about Dr. Tom Phenix

1. He was a military B.R.A.T.

His dad was in the military so Tom was born, raised, and trained (BRAT) in the military way of life. Growing up, his family moved around every few years, mostly in Canada, but Tom lived in Germany from age 3 to 7. He planned to follow in his father’s footsteps and become a soldier but was unable to because of asthma. His family eventually settled in Moose Jaw which led Tom to the University of Regina.

2. He was a first generation high school grad

Tom was the first person in his family to graduate high school and go to university. He came to the University of Regina after trying out SIAST (now Saskatchewan Polytechnic) which wasn’t for him. He said his professor of philosophy in his first year (former Campion professor Dr. George Marshall) ignited his passion for understanding which eventually lead him to the field of psychology. He said he fell in love with the university atmosphere and decided he wanted to pursue an academic career to stay in it.

3. He loves reading books and drinking coffee

When it comes to what little free time he has, Tom said nothing beats sitting down to read a good book and drink coffee (he loves his Starbucks). His reading interests are very broad and include cosmology, paleontology, physics, and history to name just a few and would like to read more fiction. He also enjoys travelling and really loves museums of any kind.

4. Things he wants students to know

Find what you love to do and do that. We have a rare opportunity, living in the time period that we live in, to enjoy life, to live lives full of meaning.

Come talk to him about anything. If you are having any issues or struggling, know that all Campion staff and faculty - including the Dean - want to help. On the flip side, if you’re having a great semester and doing awesome, he wants to hear about it, too!

By Jose Argerami

Fall 2019
All-natural MOOD BOOST

“He simply wanted people to be as selfless as they should be, humbled by the million supporting links that kept them alive, as generous with others as nature was with them”. - Richard Powers

L to R: Calum Neil, Dr. Katherine Arbuthnott, Janelle Gerard  Photo: Trevor Hopkin, U of R Photography
Intrigued by the idea that spending time in nature positively affects your personal well-being and is good for your overall health, Dr. Katherine Arbuthnott (Psychology), was specifically moved by those words from Richard Powers’ *The Echo Maker: A Novel*.

The first nature study came to life with one of her students about five years ago - in the winter. Campion alumni Aeliesha Brooks compared the differences between people walking inside and walking outside. They were instructed to walk for five minutes, without distractions like music or a cell phone. The results showed that the outside walkers (even in a Saskatchewan winter) showed an improvement in mood while those that walked inside did not.

On the heels of the first study, Arbuthnott began collaborating with Psychology honours students Janelle Gerard and Calum Neil.

The second study had people sit on a bench outside for five minutes while others sat inside — in November. The results were the same as the first study: the people outside experienced an improvement in positive (ie. happiness) and self-transcendent (ie. awe and wonder) emotions and a reduction in stress, showing that even winter doesn’t dampen the effects of nature on mood.

In today’s world and particularly on campus, stress and mental health issues are at record highs in a very troubling way. This research showed the benefits of something easy, quick, and free. It is so simple: be intentionally still while you look at a tree from your window, hike in the woods, listen to nature sounds with your eyes closed, or admire the hoar frost on trees on an early winter morning. While virtual nature is also effective, the best results come from being outside in nature.

While the research was originally published in *The Journal of Positive Psychology*, it has also caught more mainstream attention with mentions in Martha Stewart Living, *O* the Oprah magazine, *Travel and Leisure Magazine*, and many more.

Encouraging her students to research or create programs is not new for Dr. Arbuthnott. A few years ago, she and her class created *Fruit for Thought*, a volunteer group that would go around Regina and pick unwanted fruit from people’s trees to either donate to the Regina Food Bank or preserve into canned goods including jams and jellies for local shelters.

Currently, Dr. Arbuthnott, Glen Suttor, and the Royal Saskatchewan Museum are hosting *Songwriting for Nature*, weekend camps where people gather in nature and write songs. The camps are also improving creativity, measured through tasks like trying to unite three seemingly random words with a fourth one. Feedback from attendees show improved mood, feelings, connection to nature, and trust amongst each other.

Dr. Arbuthnott said, “As people learn how useful nature is to them, in their own health maintenance, they’ll begin to care about nature’s own health and quality. My hope is that people begin to think twice about the environment around them, particularly with climate change, and become part of the solution.”
The Jesuit Lecture Series is a new event, hosted by the Jesuit Centre for Catholic Studies at Campion College. Drawing on the expertise of scholars chosen by the Jesuit Fathers of Saskatchewan, the lecture explores major issues in contemporary Catholic thought that appeal to a diverse local audience.

The lecture will be offered annually as a free lecture, open to everyone.
Resisting Throwaway Culture: How a consistent life ethic can unite a fractured people

Based on his book of the same name, Dr. Camosy reflected on this time of realignment when we have been given a unique moment to put aside the frothy, angsty political debates and think harder about our deepest values. This lecture was an opportunity to dialogue about what kinds of values should serve as the foundation for a new political culture.

Dr. Camosy is an Associate Professor of Theological and Social Ethics at Fordham University. He works on fostering intellectual solidarity between political and ethical approaches and is part of the international group Contending Modernities. It is exploring how Catholicism, Islam, and Secular Liberalism can productively interact with regard to difficult ethical issues related to science and bioethics.

Watch Dr. Camosy’s talk at campioncollege.ca/events/jesuit-lecture
Dr. Gina Messina is an American feminist scholar and Catholic theologian, with a focus on the intersection of gender, religion, and politics.

She is an Associate Professor of Religious Studies at Ursuline College in Pepper Pike, Ohio where she formerly served as Dean of the School of Graduate and Professional Studies. Prior to Ursuline, she was the Director of the Center for Women’s Interdisciplinary Research and Education (WIRE) at Claremont Graduate University and a Visiting Professor of Theological Ethics at Loyola Marymount University.

She is a prolific author and editor, with articles in a variety of publications and is a regular writer for The Huffington Post. Her books include Jesus in the White House: Make Humanity Great Again; Feminism and Religion in the 21st Century; and Women Religion Revolution.

She speaks around the United States and beyond, including the national news circuit. She has appeared on MSNBC, NPR, and has spoken at The United Nations’ Commission on the Status of Women. Messina has also presented a TEDx talk entitled, “The New Feminist Revolution in Religion” at Ursuline College.

We hope you will join us on February 5, 2020 to hear Dr. Messina speak at Campion!

Learn more about it at campioncollege.ca/events/nash-lecture
Despite its limited size, Scotland has exerted a tremendous influence on the history of global Christianity. Follow the story of Catholicism in Scotland from its humble origins, through the periods of the Penal Laws, and into the present day.

This 6-credit hour Catholic Studies course has been designed to offer students active and experiential learning through the opportunity to appreciate the history, art, monuments, people, and landscape central to Scotland’s religious and cultural legacy.

Day trips are planned around Glasgow, Edinburgh, Inverness, and elsewhere in the Scottish Highlands. To get the most out of the trip, students are encouraged to engage the sites, individuals, and experiences selected for them.

Since it is an academic course, students will need to cover their regular course fees plus transportation to and from Scotland. There is also a $2,000 ground cost which must be paid directly to Campion to cover in-country transportation, two meals a day, entry into museums and attractions and shared accommodations. A non-refundable $800 portion of the fees is due by December 23, 2019 to hold a spot.

For more information or to receive permission to sign up for this travel study course, contact Dr. Jeffrey S. Burwell, SJ at 306.551.3051 or jeffrey.burwell@uregina.ca.
The Campion College Alumni of Distinction Awards were created to honour alumni who have not only distinguished themselves in their profession but also as community members who demonstrate the core values of a Jesuit education:

- Striving for more
- Care for the whole person
- Leadership in service and
- Promoting justice

For 2019, we have four award winners - including our first couple co-recipients - who are passionate, giving, and an inspiration for their communities and our students.

Meet Gregory Krätzig, Stephanie Molloy, and Marc and Leah Perrault.
Marc & Leah Perrault
Marc: BHJ ‘05
Leah: BA English, ‘05

They are dating. The English major and the Justice major. They are co-presidents of CCO, their friends are in the Inter-varsity Christian Fellowship. Their days are on fire with the love of school and of God and of each other. Leah is youth minister at my parish, the star of my senior class. I learn: they met filling a car with popcorn. Across the prank their eyes met. I learn: The children in youth group should look at us and know we are authentic.

Later, much later, in Saskatoon... Another dinner. It looks effortless. We are standing around the island in Marc and Leah’s new house. Marc and I are making pasta; Leah is pouring wine while, like tiny orbiting planets, our “bigs” and “littles,” theirs and ours, move through playtime, homework time, squabble time. We are talking about a possible promotion – gains and losses, pains and promises. Make allies, they say. Have dinner parties. It is clear that this, too, is about community, and more than community: Can you change the culture? Can you be a boss that heals their wounds? Oh, I think, you have grown so wise. Oh, I think. You are authentic.

Another year. Another dinner. They are talking about the plans for their new house. It will have apartments on the ground floor. They are imagining an intergenerational home, one their parents can come home to in their turn when it is time. A house that remembers we are all interconnected. We want the children to learn, they say, that we don’t leave each other behind.

Later still. Marc is leaving his job in the finance sector, Leah hers in the diocese. They are listening for a call. They say, it is a chance to practice trust. I am learning not to be afraid to start again. I am learning that prayer is not a practice, not a habit. It is a stance. A chance to practice trust.

In the messy heart of a growing family, in the clamor and strife of different jobs, different times, different needs: in laughter, and love, and in the midst of most terrible loss, when the phone rings and it is inexplicably them, reaching out, I remember over and over again that this is leadership: Be authentic. Choose mission. Choose trust. Change the culture. We don’t leave each other behind.
I count myself very lucky to have worked with Stephanie Molloy. This isn’t just flattery: she’s retired, so I am not obligated to talk about what a great boss she was. By the time I got to know Stephanie, back when I was still just an undergraduate student, it seemed to me like she had been part of the fabric of Campion College forever. In fact, she had only been the Campus Minister for a few years at that point, but she had such a firm grasp on everything, from the Ignatian mission of the College to the million tiny details that kept the Chapel running, that I would have guessed she had been at it for decades. This confident understanding of the nuances of a situation is a great leadership quality, and it’s one I have come to deeply admire about Stephanie.

People in positions of leadership are often praised for the strength of their singular vision, or for their capacity to bend others to their will. By that standard, Stephanie’s example of leadership is the best kind of subversive. Stephanie has always been profoundly committed to collaboration, and she made sure that student voices were heard, even if it meant things looked a little different from what she had in mind. She also led with deep compassion. She had a gift for being present to the people who really needed her, whether they were students or colleagues or just someone who happened to cross her path. And although she is an educated person with a lot of life experience, Stephanie also seems to see the world as a place that has much to teach her, which made her a great source of wisdom on a university campus. I know these qualities have served our Campion community well, but I am also confident that they mean Stephanie’s life will continue to be interesting and inspiring in retirement.
I nominated Greg Kratzig as a Campion alumnus of distinction because he is an all-round inspiring man who is definitely fulfilling our aspiration of developing people for others. I first met Greg as he was making the difficult decision to leave his successful career in retail management to pursue his dream of becoming a psychologist. That he was even considering such a shift impressed me, and I have not yet stopped being impressed by him. I came to have a ‘bird’s eye view’ of how steadfastly and gracefully Greg managed that path from a successful career in full flow apparently backwards into the ranks of young undergraduates in order to become his ‘best self’. As a mature student, Greg had many more simultaneous responsibilities than his young colleagues. As he excelled in his classes, Greg also nurtured his family through the birth of his two children, Warner and Erica, and provided strong support for his wife’s rapidly-developing career.

During his time as a student he also gladly served the roles of loving son and brother to his parents and sister as they went through several life crises. As if that wasn’t enough, when he was given the opportunity to develop the first RCMP research facility, he enthusiastically accepted the challenge, even though he had not yet finished his studies. Completing a PhD is sufficiently difficult for most people, let alone doing so while pioneering research in an institution as complex as the RCMP. I have seldom witnessed anyone balance such a large number of responsibilities with such grace. Now, many years later, his children are nudging adulthood, his RCMP lab is achieving great acclaim, and Dr. Kratzig’s experience is sought by many international security agencies. Greg is an excellent ambassador for Jesuit education in general, and Campion College in particular.
In June, Father Sami Helewa, SJ visited Beirut, Lebanon.

I was born in Lebanon where I spent my formative years. There I first learned to read, write, study, feel its politics, understand its refugee plight, and live years of its civil war. Earlier this summer I had an opportunity to visit Lebanon after 38 years. I was travelling back in time to a place that was familiar in my memory.

The natural side of its land has spectrums of beauty. It is the smallest Asian country located at the very eastern side of the Mediterranean, borders Syria in the north and east, and Israel in the south. The country links the ancient past with the present. The Phoenician town of Byblos (Jubeil) on the sea coast and its ancient ruins tell the story of a distant civilization that invented the first Phoenician alphabets, presumably to aid them with trade and communication with the outside world. The cedar trees in the north, in the most prestigious summer resorts in Lebanon, are the same type of cedars of biblical times. Such trees are firmly standing and serving as symbol of stability that Lebanon continues to dream of. The city of Baalbek situated in the Beqaa Valley has Roman ruins of standing
temple columns. Of course the south of Lebanon has its ancient of Sidon where even Alexander the Great and later the Crusaders were present.

There is also Beirut, the capital. It suffered much during the recent civil war but the Lebanese love social life in their capital cafés, restaurants and little places of fashionable shopping. The local cuisine is exceptional and exotic. The highlight of Beirut for me was visiting my old neighbourhood in al-Hamra district. There I met one of my neighbours in the apartment building I used to reside; we caught up with our news over Turkish coffee. Searching for my Godfather was another significant encounter; he let me sit on a chair that my father built before I was born. Going back to Lebanon was indeed going back in time.

Lebanon has the highest level of education in the region. In a small country it has 6 well esteemed universities whose graduates made a difference in the Middle East and elsewhere. The Jesuit University of St. Joseph is the first French speaking university in the country. Its Protestant counterpart of the American University of Beirut also played a major intellectual role in the region. Lebanon has in its heritage remarkable literary figures like Amin Rihani, Mikhail Naimy and Nadia Tueni to name a few. Their literary outputs still resonate with today’s small nation.

Lebanon sadly has many refugees (estimated at 1.9 million) and its economy hardly copes with the problems of displacement. The refugee population of this size is enormous for any country, let alone for a small nation. This reality opens up venues for creative ministry to ease the plight of refugees. Overall Lebanon reminds me of what is still needed to make the world a safer place.
Pope Francis recently unveiled a new statue in St. Peter’s Square (the first in 400 years) as a testament to his concern for the plight of refugees. Called “Angels Unaware,” it depicts 140 migrants and refugees from different cultural and racial backgrounds throughout history, together on a boat with a pair of wings emerging from the centre. The wings refer to Hebrews 13:2: “Do not neglect to show hospitality to strangers, for thereby some have entertained angels unawares.”

According to the UN Refugee Agency, there were almost 26 million refugees worldwide by the end of 2018 and they estimate that 37,000 people a day are forced to flee because of conflict and persecution.

Venezuela, Syria, Afghanistan, Somalia... these are only a few of the countries which people have had to flee for their lives. In 2018, Canada was a world leader in welcoming these displaced people. Of the 92,400 refugees who were resettled in the world, Canada took in 28,100 – that’s about 30 per cent.

These people have found a new home in our beautiful country and now they have the difficult task of rebuilding their lives. At Campion, we believe that now, more than ever, education has a part to play in their efforts to feel once again safe and an important part of our community.

As Father Adolfo Nicolas, SJ so eloquently stated, “Our mission is to educate human persons with a spirit of service. Not to educate the best in the world, but to educate the best for the world.” To fulfill our mission of service, please consider giving to the Campion College Refugee Bursary so we can continue to provide an innovative, diverse, and inclusive community of learning for all who seek it.
25 people displaced EVERY MINUTE

25.9 million refugees worldwide

1/2 are under 18 years old

92,400 refugees resettled

30% in Canada

ACCESS TO EDUCATION FOR REFUGEES

61% to primary education

23% to secondary education

1% to post-secondary education

To support the Refugee Bursary fund or any of the other Campion initiatives like our building accessibility project, Campus ministry, other scholarships and more, go to campioncollege.ca/support-campion
Congratulations to our 87 Spring graduates and newest Campion alumnus! Held on Thursday, June 6, our Spring Convocation also recognized our 2019 St. Edmund Campion Medal winner, Ms. Theresa Hilbig, Executive Director at Visitation House in Regina.

Faculty of Arts

Bachelor of Arts
Mitchell Eric Alexus
Devon McRae Arbuthnot
Elise Kisik Brass
Leanne Chung
Michael Ryan Collette
Katherine Madelon Duran
Jacqueline Claire Eckel
Alexandra Joy Elias-Hygard
Lily Catherine Engel
Eric Joseph Mayson Graham
Antoine Louis Joseph Guenette
Saria Jabbar
Davis Michele Lang
Renée Ann Langlois
Philip Andre Legrand
Matthew James Leniczek
Anna Gessica Samson Marcial
Kennedy Paige Irene McBain
Bella Thene Moolla
Kendall McLean Nestor
Jeremy Francis Putz
Chase James Salembier
Mitchell William Sherven
Shawn Roy Stieb
Eric Robert Thiel
Taya Lynn Triffo
Emma Elizabeth Waldenberger

Bachelor of Arts Honours
Laetitia Llanda Xandra Adams
Lucas Christian Bjorgan
Emily Elizabeth Dmyterko
Caelleigh Ann O’Sullivan Landry
Renee Victoria Madey
Leila Fawzia Makar Abdel Messih
Julia Mary Pringle
Jaezila Rae Wushke

Certificates
Sai Kirtil Das
Kaitlin Claire Dodman
Brooke Anne Knaus

Liberal Arts Certificate
Bailey Rodney James Latimer
Evann Cailin Shaughnessy
Jensen Reanne Smigelsky
Samantha Marie Weber

La Cité universitaire francophone

Bachelor of Arts
Nikki Rae Watters-Matthes

Certificat en français langue seconde
Renée Ann Langlois

Faculty of Science

Bachelor of Science
Keith Jeremiah Castillo Barbosa
Jessica Sydney Bihun
Quinton Isaak Brown
Shyla Rene Christie
Kathryn Mary Cullen
Torly Lynn Davidson
Jessica Erin DeBruyne
Dylan Mathew Deck
Nicholas Richard Dale Folk
Trisha Mae Fajardo Garing
Christina Emily Gianoli
Riley Todd Herman
Erik Paul Miller
Carter Luke Myers
Tuan Hoang Pham
Alison Rae Phillips
Ben Joshua Polasek
Alyssa Jane Marzo Rante
Zachary Robert Reitmeier
Brett Andrew Schwab
Tony Ta
Mitchell Donald Thatcher
Spencer James Walker
Grayson Ray Whilidal

Bachelor of Science Honours
Matthew Leslie Colledge
Dallas Ryan Dixon
Mackenzie Marie Hladun
Liam Murdoch McDougall
Emma Catherine New
McKenzie Lee Van Eaton

Certificates
Bright Somachi Nwanoruo
Jeffrey Mark St. Onge

Certificate in Computer Science
Ashley Irene Lavoie
We are all Treaty people

We are part of Treaty 4 lands: the territories of the nêhiyawak (nay-hi-yuh-wuk, Cree), Anihšināpēk (uh-nish-i-naa-payk, Saulteaux), Dakota, Lakota, Nakoda, and the homeland of the Métis/Michif Nation. The nêhiyawak originally referred to Regina as oskana kā-asastēki (os-kuh-nuh-kaa-us-us-tay-kih), Cree for “the place where bones are piled up.” This is why Regina’s nickname is “Pile O’Bones” and is the origin of the name Wascana Park, where the University of Regina main campus - and Campion - is located.

To truly grow and to heal the wounds of the past, we need to better understand the history so we do not repeat it. Two initiatives have been embraced this year at Campion: an online course for all staff and faculty called 4 Seasons of Reconciliation and a new course for faculty, Enhancing Academic Indigenization.
The 4 Seasons of Reconciliation program was first discussed by the Reconciliation Action Committee in January of 2019. This resource had been developed by Productions Cazabon and the First Nations University of Canada. The Centre for Continuing Education had purchased a license on behalf of the University for the Instructor and Student version of the resource, which allows the use of the materials in our classrooms.

Along with this purchase, Productions Cazabon offered the University a license for the professional development program. The committee, through Emily Grafton, had been approached about promoting it around campus, and I’ve since helped her and Kallie Wood do this work.

Implementing and making this resource known was the first major task the Committee took on after it finished its work on the Statement of Commitment in response to the Truth and Reconciliation Commission. Part of this statement included a commitment to giving every student, staff, or faculty member the necessary tools to develop their knowledge of treaties, of colonialism, of Indigenous ways of knowing, as well as of the Truth and Reconciliation Commission, the Royal Commission on Aboriginal Peoples, and the United Nations Declaration on the Rights of Indigenous Peoples.

The statement focuses on reconciliation and the understanding that the University and its colleges can develop of their role in this process. 4 Seasons of Reconciliation was the perfect tool to move forward with a way to make good on these five commitments, since these are also the goals of the program.

Many faculties and units have already completed the three-hour professional development certificate, and a good number of individual faculty and staff members have completed it individually. Our next step will be to think about following this training with further open discussions. After all, the goal of this program is to help as many people develop the tools to take action toward building better relationships with Indigenous peoples.

Learn more about it at reconciliationeducation.ca
In recent years, I’ve felt the growing realization of the depth of my ignorance regarding Canadian history and our collective identity, which is particularly damning if I claim to be a competent educator at an institution of higher learning in this country. I was therefore responding in part to a sense of professional responsibility and an acknowledgment that our College’s relevance and long-term sustainability requires me to demonstrate and foster inclusiveness in what I teach and how I teach it. The point is, dinosaurs are scary. The best way to address a fear of the unknown and of change, is to learn and embrace the new knowledge that comes with it. It is an enriching experience where I was challenged to rethink assumptions about Western learning methods, and the importance of decolonizing our pedagogies to correct a Eurocentric bias. The personal dimension of the learning circle, for instance, reminded me that self-awareness is vital to engage respectfully and productively with my students and colleagues in an intercultural context.

I was impressed by the generosity of spirit of the Indigenous Elders and knowledge keepers who were willing to share their wisdom and teach me how to embrace cultural difference rather than be intimidated by it. I realized the importance curiosity and genuine interest in other cultures rather than satisfaction with platitudes about commonalities which can easily serve enduring assimilationist attitudes.

In terms of my teaching, I have started to introduce Indigenous content in core courses. For example, in Film 100, Indigenous film or culture is not a separate class or module. Instead, I scheduled three films to discuss standard topics, specifically narrative and documentary form and film editing. One piece of advice I have taken to heart is to approach such initiatives with humility, seek guidance from Indigenous experts, and to keep building relationships.
I have always felt that to be a good instructor you have to know your students well. How else can you effectively communicate with students, or assess them fairly on course material, if you do not fully understand and appreciate the different ways they think and the variety of traditions and backgrounds from which they come? The more time I spent at Campion, the more I felt that I wasn’t living up to this standard, especially with the Indigenous students who make up approximately 13% of our student body.

Before moving to Regina to teach in 2003, I had few relationships with Indigenous peoples and communities, and indeed lacked a basic understanding of their histories and ways of thinking and being. This was partly the result of circumstances of my upbringing – Ottawa and Kingston in the 1970s and 1980s were very white cities and Indigenous histories were not standard components of the curriculum. This said, I too share responsibility for not educating myself. In order to address this, and in turn to cultivate deeper relationships with my students and improve my teaching, this past year I participated in the University’s Enhancing Academic Indigenization course. This is one of the University’s many contributions to the process of Indigenization and was the perfect tool for me as I began my attempt to educate myself and learn the histories and cultures of Canada’s Indigenous peoples.

It introduced me to some of the history that I lacked and helped make me much more aware of what Indigenization involves as process, and how I can contribute to it in a responsible, respectful and humble way. I realize that I am still at the beginning of a long and evolving journey, but I have found that the insight I have gained has already had a positive impact on my teaching and has enriched my relationships with students on campus.
What is the RSA?

Founded in 1754 by William Shipley, the Royal Society for the encouragement of Arts, Manufactures and Commerce (or Royal Society of Arts for short) was founded to bring together like-minded people who were (and still are) committed to finding practical solutions to societal challenges.

Today, the RSA still has the mandate to share powerful ideas, encourage cutting-edge research, build networks and opportunities to collaborate, influence, and create the changes they want to see in the world.

The RSA’s three main focuses are: public services and communities; creative learning and development; and economy, enterprise, and manufacturing. Their mission statement shows that commitment - 21st century enlightenment: enriching society through ideas and action.

What does it mean to be a Fellow?

About 60 new Fellows are elected each spring. It’s a huge honour and one that Dr. Riegel and Dr. Robinson are embracing, including taking a trip to London to (among other things), visit the RSA House, not far from Trafalgar Square.

“I am honoured to be made a Fellow of the RSA. The RSA’s values mesh well with my teaching and research interests, which focus on social change and on how a scholarly life can be involved in such change. The RSA’s global reach has connected me with a network of like-minded people and situates me alongside a rich history of people who have taken up the RSA’s values to allow everyone to participate in a better future,” said Dr. Riegel

Added Dr. Robinson, “To become a Fellow of the RSA is a true honour as it reflects my career as a developmental psychologist who is interested in child development, and as a researcher who creates technology solutions for people with severe mobility challenges so they can make art with their eyes only. The RSA aims to strengthen, empower, and mobilise networks to work together in taking on today’s most pressing social challenges, so it is wonderful to be included in such a forward-thinking organization.”

Dr. Riegel and Dr. Robinson are now part of a global community of “social system entrepreneurs,” set on solving problems in new and unique ways. As Winston Churchill (also an FRSA) once said, “The empires of the future are the empires of the mind.”
Other RSA Fellows

With over 260 years of RSA history, Dr. Riegel and Dr. Robinson have some very impressive FRSA company, including:

- Sir Timothy Berners-Lee
- Winston Churchill
- John Diefenbaker
- Charles Darwin
- Albert Einstein
- Benjamin Franklin
- Stephen Hawking
- Guglielmo Marconi
- Sir Isaac Newton
- Karl Marx
- Elon Musk
- Alan Turing
**Kirsten Bligh (BFA ’13)** started a new position as Membership Coordinator at Inside Out in Toronto.

**John Davis (HS ’58)** recently reconnected to reminisce. The sense of adventure for John was strong, and even though his family pushed him to go to law school, he took off traveling. He rebuilt an old WWII jeep in Singapore and drove it to Tehran where it broke down. With little to go on, John went to the Canadian embassy in Baghdad, where they recognized his name and invited him in. Turns out, his family had been looking for him and wired money to fly back. Instead, he hitchhiked to Paris, where he met his future wife. John eventually returned home, and went on to own his own company where he was president from 1971 to 2000. John is grateful for the friendships he made during his years at Campion with whom he still connects with today.

**Tricia Garing (BSc ’19)** was accepted to the University of Saskatchewan College of Pharmacy and Nutrition and began her studies this fall.

**Justin Hauck (BMus ’16)** performed at the Cathedral Arts Festival with his band Andino Suns and they won a 2017 Western Canadian Music award for World Artist of the Year!

**Saria Jabbar (BHS ’18 & BA ’19)** was accepted to the University of Saskatchewan College of Medicine and began her studies this fall.

**Shauna Koester (BA’07, MA’14)** accepted a new position with the University of Regina as the Manager of Recruitment.

**Oleka Lozowchuk (BA ’98)** created the score for the newly released EA Sports FIFA 20 as well as the score for Season 1 of Disney’s new show Gabby Duran. Oleka started a new company Interleave Creative and is currently working on the BBC Doctor Who VR Game.

**Mike Muma (BA ’16)** married Deanna Patterson on October 12.

**Alison Phillips (BSc ’19)** received the Dr. Robert M. Agnew Memorial Award at the University of Regina Spring 2019 Convocation.

**Jack Redmond (HS ’48)** reconnected with Campion. In the years since he left, he studied Geology at Oklahoma State University, received a Masters in Engineering Geology at Stanford University, and a PhD from the University of Oregon. He worked in oil exploration and production until his retirement last year. He visited 84 countries, including doing seismic charting in the East China Sea and living in Bogotá. He now calls Boulder, Colorado his home and is looking to reconnect with other alumni.

**Neil Robertson (BA ’79)** has been appointed a judge to the Court of Queen’s Bench in Regina.

**Taya Triffo (BA ’19)** received the President’s Medal at the University of Regina Spring 2019 Convocation.

**Dr. Kyla Yaskowich (BA ’95)** Founder of Conscious Living Wellness Services Inc. Currently working in Vancouver, Kyla reconnected to share advice for our current students to follow your heart and do what you are passionate about. Kyla began studying physics, and after 3 years switched because her love of the diverse psychology courses offered at Campion led her to her true passion. Today, she offers a wholistic approach to Psychology, offering traditional and non-traditional techniques to help her clients tap into their inner wisdom to live a fulfilling life.
Artists, accountants, lawyers, entrepreneurs, psychologists and more… our amazing alumni have gone on to live their passions. With over a century of developing leaders, Campion’s focus on forming the entire person has provided students unique opportunities to be a positive change in society. Thank you for becoming the best for the world as part of our alumni community of over 13,000 people across the globe.

In celebration of you, we want to reconnect, hear your stories, and what memories bring back smiles. We want to offer support and an alumni community to help you find old friends and network with new ones.

Connect with the Campion College at the University of Regina – Alumni group on LinkedIn, follow us on Facebook, Instagram, and LinkedIn and reach out to our Alumni and Development Officer, Krista at 306.586.4242 or krista.calfat@uregina.ca to share your thoughts and ideas.

We look forward to connecting with you!

Dr. Carrie Bourassa: 2010 Alumna of Distinction 2019 TedX Speaker

In September, Dr. Carrie Bourassa stood on the famous red circle to deliver a TedX talk at the University of Saskatchewan’s TedX event, Building Bridges to talk about Indigenous-led research and ethical management.

“I have been a public speaker for nearly 20 years but standing on that red circle as one of 19 TedX speakers was hands down the most humbling experiences of my academic career and something I will never forget,” said Dr. Bourassa. “What a tremendous learning experience.”

As the Scientific Director of the CIHR’s Institute of Indigenous Peoples’ Health, she leads the advancement of a national health research agenda to improve and promote the health of First Nations, Inuit, and Métis peoples in Canada.

The Institute is at the U of S where she is also a tenured professor in the Department of Community Health & Epidemiology in the College of Medicine.

Watch Dr. Bourassa’s TedX Talk, Noojimo Mikana (a Healing Path): Research as Reconciliation at ted.com.
**Dr. Marta Bashovski**, was invited to participate by Jim Farney (PAIS department head) at the Prairie Political Science Association Annual meeting and presented “Emancipation and its Limits: The Enlightenment Subject within Contemporary Politics of Subjectivity” on a panel chaired by Dr. Josh Goldstein, University of Calgary.

She also attended the Millennium Conference October 19-20, 2019 and a preparatory workshop for a journal Special Issue she is co-editing and contributing to the following conference entitled Millennium Conference: Extraction, expropriation, erasure? Knowledge production in International Relations and a workshop for accepted Journal Special Issue on “Political Subjectivity in Times of Crisis” which Marta is co-editing with Dr. Norma Rossi (Sandhurst). Dr. Bashovski will also present a paper entitled “Emancipation and its Limits: The Enlightenment Subject within Contemporary Politics of Subjectivity” discussed by Prof. Inanna Hamati-Ataya (Cambridge). On November 9 to 13, Dr. Bashovski will attend her PhD Convocation at the University of Victoria.

**Dr. Sami Helewa, SJ** reviewed “Khaleel Mohammed, David in the Muslim Tradition: The Bathsheba Affair” in the *RQR Review of Qur’anic Research*, vol. 5, no. 8 (2019).

He also attended the National Building Reconciliation Forum with university and Indigenous leaders from across the country, October 8 to 10 in Sault Ste. Marie.

**Dr. Philippe Mather**, Associate Professor, presented a paper, “Shanghaied in Singapore: Orientalism and Genre” at the 13th Asian Cinema Studies Society Conference (ACSS) in Singapore at Lasalle College from June 24 to 26, 2019. He also presented the paper at the Midwest Popular Culture Association Annual Conference October 10 to 13 in Cincinnati.

**Dr. Robert Piercey**, will present “Too Many Hegels? Ricoeur’s Relation to German Idealism Reconsidered.” to the Society for Ricoeur Studies, October 10 to12, 2019 in Montreal.

**Dr. Christian Riegel**, attended the DRHA (Digital Research in the Humanities and Arts) Annual Conference, “Radical Immersions”, taking place in the Watermans Arts Centre in London, UK, “Disrupt/ability”: Disability, Ableism, and Art Creation Using Digital Tools in September, 2019 where he co-presented paper with Dr. Katherine Robinson.

Dr. Riegel will also present a paper “Elegy, Spatiality, and Mourning in Birk Sproxton’s Headframe: 2” in the United States at the (ACSUC) Association of Canadian Studies in the Biennial Conference from November 13 to 16, 2019.
In Memoriam: Father Joseph Gavin, SJ
Second president of Campion College

In his tenure as the second president (1979 to 1986) of Campion College, Fr. Gavin built on the solid reputation the College had earned under the leadership of its first president, Fr. Peter Nash. As the student population grew, he hired more faculty, added structured administrative procedures and increased support staff. The Board of Regents was put in place to help the Jesuit Corporation manage the governance of the College, and to bring greater involvement of the faculty and the wider constituency of Regina into the shaping of a Catholic college in a secular context. He strengthened the relationship with Luther College, and made a life-long friend of Luther’s president at that time, Dr. Morris Anderson.

Articulating the Jesuits’ tradition in the fine arts, soon after his installation as president he established the still popular Musica Sacra concert series, and to honour the work of Fr. Nash, he founded the Nash Lecture series, attracting well-known scholars in the fields of science, fine arts, and the humanities.

Joe also brought a certain sophistication to Campion. He had a flair for the good things in life, for elegant social gatherings, for celebrations that brought the university community to the college. He made many friends not only in the academy but in the city, charming people with his wit, story-telling, and wide-ranging conversations, on travel, literature, and the arts.

A historian who had earned his degrees from McGill, Durham and Columbia universities, teaching and scholarship were his strongest passions. True to his vocation as a Jesuit, he went where he was needed; earlier in his career, he taught at St. Paul’s High School in Winnipeg and Regis College in Toronto; for many years after leaving Campion he divided his time between the Gregorian university in Rome and Concordia in Montreal; he also spent a year teaching at the Jesuit seminary in Zambia. His former students at Campion still speak highly of him as being inspirational in his erudition and his care for them as individuals. From 2003 to 2013, he returned to Campion each spring to teach a popular class in church history. Ill health brought that to an end.

His scholarship was also evident in his work as co-author of the 3-volume Dictionary of Jesuit Biography and the 3-volume Canadian Jesuit History series. He singly wrote volume 1 of that series, Teachers of a Nation: Jesuits in English Canada, 1842-2013, which includes a lengthy chapter on Campion.

A man of phenomenal energy, he served as Superior of the Jesuit community in Montreal from 2004 to 2011, and in Ottawa from 2011 until his death on October 6, while continuing his spiritual ministry in various parishes. In his 65 years as a Jesuit, he was never still or idle, service to others always central to his being. Nothing got in the way of his vitality or optimism, or in his joy of life, not the amputation of his leg in 2015, nor a fracture in his neck and the diagnosis of cancer this past summer. ‘Til the end, he spoke hopefully of possible treatment.

A larger-than-life personality, he could come across as being imperious, distant, and even frivolous, but to those who knew him well, that was simply a persona. In reality, the Jesuits’ philosophy of cura personalis was at the core of everything he did. He was deeply spiritual, open-minded, wise and kind and generous with his time and friendship. Contemporaries remember his booming laughter, his delight in the absurdities of this life. They remember his writing a story about a rabbit in his effort to learn the use of the computer, and still wonder about the second telephone he hid in a drawer of his desk!

A colleague summed it up eloquently: “Joe endured more than his fair share of criticism and was not impervious to it, but he rolled with the punches, carried on as best he could, remaining true to that particular Ignatian charisma to find God in all things and in all persons”.

By Samira B. McCarthy, Former Dean and Professor Emerita

Fall 2019
Meet the new faces around the College

Hellos

Krista Calfat
ALUMNI & DEVELOPMENT OFFICER

A LITTLE BIT ABOUT ME:
I grew up in Minnesota and attended the College of St. Scholastica in Duluth. My mom never thought I’d move further away than that, then I moved to Korea to teach, and Canada for love. I’m now happily living in Regina with my husband and two children.

HOW I GOT HERE:
I’ve always been passionate about doing something that is greater than me. When this position opened, reading the mission, vision and values of Campion College felt like the right fit. I’m very excited to create an active alumni community looking to continue to be a part of Campion College!

FAVOURITE SAYING:
Life is what happens while you’re busy making other plans – John Lennon

WHAT DO YOU DO FOR FUN?
Listen to music, play with my children, exercise, art, and travel.

Marta Bashovski
ASSISTANT PROFESSOR
POLITICS & INTERNATIONAL STUDIES

A LITTLE BIT ABOUT ME:
Originally from Sofia, Bulgaria, my family immigrated to Canada in the early 90s. I’ve spent the majority of my life in BC, mainly in the Okanagan and on the coast.

A LITTLE BIT ABOUT MY SPECIALTY:
I am a political theorist, interested in the politics of language and knowledge. I am studying how the categories and stories through which we understand our political worlds affect our possibilities for political action, particularly in relation to how we understand the practices of protest and dissent. I am also very keen on thinking about how film, TV, literature and other pop culture objects help us to understand political theory and make frequent use of these in my classes.

WHAT DO YOU DO FOR FUN?
I spend time with my dog and cat, try to get outside for hikes, experiment with cooking, eating, and new restaurants, read, and enjoy the many detective shows streaming services have to offer.
ASSISTANT PROFESSOR
ASTRONOMY

A LITTLE BIT ABOUT ME:
I like learning about planets around other stars, but I am mostly in love with our own beautiful planet Earth that we all share. Learning about other planets has shown me how incredibly fragile, unique, and isolated we are here on Earth.

HOW I GOT HERE:
Caltech → Wesleyan → UBC → UVic → Dominion Astrophysical Observatory → Campion. I am grateful to now have a job where I get paid to teach astronomy to eager students and continue to do research on the Kuiper Belt and planets around other stars, while I can also live on a farm.

FAVOURITE SAYING:
You can’t study the darkness by flooding it with light. – Edward Abbey

WHAT DO YOU DO FOR FUN?
I like learning how to grow, raise, process, and ferment as much of my own food as possible.

Chelsea Low
COMMUNICATIONS COORDINATOR

Chelsea started at Campion as a student and after she graduated, she joined the ranks of the staff as a recruiter and two more positions since, including her latest position as the Communications Consultant.

For almost a decade, she worked with and for students, always looking for opportunities to help them live out the Jesuit values of Campion and being an open door for them to come talk about anything - the good, the bad, and the stressful.

She was offered a new opportunity with the Saskatchewan Healthcare Employees’ Pension Plan and while we are sad to lose her, we say congrats to SHEPP on nabbing her!
Opened for the Fall 2019 semester, we’re excited to welcome Robin’s Donuts and Mia Fresco into Campion! Lam and Yung, our lovely proprietors, also run the same franchises in both the Regina General and Pasqua hospitals.

It has really taken off, with students, staff, and faculty lining up each day to enjoy the huge, delicious selection they have to offer at reasonable prices.

If you’re on campus, stop by to visit and try them out for yourself! They are open Monday to Thursday from 7 am to 7 pm, Fridays from 7 am to 4:30 pm and on Saturdays and Sundays from noon until 5 pm.
Julia McIntyre is a fourth year MAP student, majoring in Visual Art. Working both in printmaking and painting, Julia’s work examines the theme of connection to society, to nature and in her relationships with others. Her work is often personal, drawing from private experiences and is frequently infused with humor when dealing with difficult topics.

Outside of university, Julia also works digitally, and she has a passion for creating character designs and animations. After finishing her BFA, she will be attending VanArts in Vancouver, British Columbia to study 2D animation in September of 2020.

To see more of her work, follow her on Instagram @julia.hulia_art.